



Client Information for Assessment

Thank you for scheduling an appointment for a neuropsychological or psychological evaluation. The evaluation process typically involves three key steps:

1. Diagnostic Interview:

- The initial appointment consists of a diagnostic interview to gather information about concerns leading to the evaluation, as well as to review relevant background information such as previous evaluations, diagnoses, medical history, and related records. This interview typically lasts 30-45 minutes.
- Prior to the appointment, please provide:
 - Previous evaluations, including school evaluation reports and Individualized Education Plans (IEPs)
 - Any standardized evaluation results
 - Relevant medical records, such as neurological or psychiatric evaluations

2. Testing Session:

- The testing session follows the interview and may last between 2 to 4 hours, depending on the client's age and the reason for evaluation.
- It is important for the client to get a full night's sleep and eat a recent, appropriate meal before testing. Small snacks may be brought for scheduled breaks.
- If glasses or hearing aids are prescribed, please bring them to the appointment.
- If the client is significantly ill, please call as soon as possible to discuss whether rescheduling is necessary.
- After the testing session, results will be scored, and a report will be prepared.

3. Feedback Session:

- A follow-up session will be scheduled (in-person or via telehealth) approximately two weeks after testing to review the results and establish a treatment plan. This session typically lasts 45-60 minutes.
- After the feedback session, you will receive a written report. This report includes:
 1. Relevant background information
 2. A description of each measure used and the client's performance
 3. Diagnoses (if applicable)
 4. Recommendations for intervention and treatment

To allow appointment times to be offered to others in need, at least 48 hours' notice is requested for cancellations or rescheduling.

To ensure the most efficient use of our clinical space and provide the best experience for all clients, our appointments are scheduled with careful consideration. We kindly ask that clients and their families arrive no more than **10 minutes prior** to their scheduled appointment time. This helps us maintain a smooth flow of sessions and ensures a comfortable environment for everyone.

Insurance Information

Insurance coverage varies based on provider credentials. If insured, it is recommended to contact the insurance company's member services to verify coverage for psychological and neuropsychological testing. Coverage details, including copayments and deductibles, differ across plans. Any copayments, coinsurance, or deductibles are the client's responsibility and are due at the time of service.

Typical components of a Neuropsychological Evaluation include:

- **CPT Code 90791** – Diagnostic Interview
- **CPT Codes 96136/96137** – Psychological/Neuropsychological Testing
- **CPT Codes 96130/96131/96132/96133** – Psychological/Neuropsychological Evaluation Services
- **CPT Codes 90846/90847** – Family Therapy (for feedback sessions discussing treatment planning and interventions)

When contacting insurance, it is helpful to ask:

- Whether preauthorization is required for any of the above services.
- What the copayment or coinsurance is for these services.
- Whether there is a deductible and if it has been met.

Preauthorizations:

- Some insurance plans require preauthorization for testing. If this is the case, documentation will be submitted to the insurance company for approval.
- Authorization does not guarantee reimbursement.
- Any insurance-imposed limits on testing will be discussed, along with private pay options for any additional necessary assessments.
- If preauthorization is required, the diagnostic interview and testing session must be conducted on separate dates to allow for processing.

Academic Testing:

- Insurance companies do not cover academic testing, including assessments of reading, arithmetic, spelling, and written language skills.
- Some insurers also classify IQ testing as "psychoeducational," making it ineligible for reimbursement.
- Whether academic skills assessment is recommended will be discussed during the clinical interview.
- The fee for academic testing is \$450, though it may be reduced if only specific areas require evaluation.

Private Pay

- For private pay clients, full payment is expected on the date of testing.
- For any further questions, please do not hesitate to reach out for clarification.